

The following are the goals that need to be achieved in each level before the resident moves up to the next phase. The goals and privileges are listed as they apply to each phase in order to teach and prepare a person for successful and productive integration into society without the life controlling issues that bring a person to LifeGate. This phase program will enable the resident to know what is expected to receive a graduation certificate.

Men's Seven Month Program (7P)

The following phase goals are required to be completed in full to graduate the program.

Phase 1 Goals

- A. *Walking the 12 Steps with Jesus Christ* Step 1 and 2 completed and verified by staff.
- B. Member Recovery Plan filled out in the One Step Resource.
- C. Read and write a report on one Gospel: Matthew, Mark, Luke, or John.
- D. Prepare Resume and Employment Goals.
- E. 30 days of sobriety.

Phase 2 Goals

- A. *Walking the 12 Steps with Jesus Christ* steps 3 and 4 must be completed and verified by staff.
- B. Read and write a report on John Bevere's book *Honor's Reward*.
- C. *Financial plan and goals written*
- D. 60 days of sobriety.

Phase 3 Goals

- A. *Walking the 12 Steps with Jesus Christ* steps 5, 6 and 7 must be completed and verified by staff.
- B. *Reading of the 4th Step (Step 5)* must be approved person by your mentor.
- C. Read and write a report on the book of James.
- D. 90 days of sobriety.

Phase 4 Goals

- A. *Walking the 12 steps with Jesus Christ* steps 8 and 9 completed and verified by staff.
- B. Member is to share their testimony with the group.
- C. Read a chapter of Proverbs daily and write down the verse that means something to you.
- D. 120 days of sobriety.

Phase 5 Goals

- A. *Walking the 12 steps with Jesus Christ* steps 10 and 11 completed and verified by staff.
- B. Member is to start journaling to understand God in a more intimate way.
- C. Read, study, and write a report on a book written by Paul.
- D. Prepare exit plan using One Step Resource.
- E. 150 days sobriety.

Phase 6 Goals

- A. *Walking the 12 steps with Jesus Christ* step 12 completed and verified by staff.
- B. Read, study, and write a report on an Old Testament book.
- C. Member is to continue journaling to understand God in a more intimate way.
- D. Member employed for 6 months to graduate.
- E. 180 days sobriety.